

Jodie Stevens HEARING GOD

1.	How does God speak to us today versus in the past?
2.	What are some barriers and misconceptions when it comes to hearing God?

3. What are some ways we *can* and *do* hear from God?

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Hearing God (Scripture Meditation) Practice 1

Choose one of the below passages:

Step 1: Read through the passage several times slowly. Out of all the verses or phrases, highlight or underline the ones that stand out to you, or really speak to you.

Step 2: Consider why that, or those, verses or phrases stand out to you. Reflect on the reason. Ask God how this impacts you or applies to you today.

Step 3: Pray and ask God to reveal what He wants to say to you.

1 John 1

That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked at and our hands have touched—this we proclaim concerning the Word of life. ²The life appeared; we have seen it and testify to it, and we proclaim to you the eternal life, which was with the Father and has appeared to us. ³We proclaim to you what we have seen and heard, so that you also may have fellowship with us. And our fellowship is with the Father and with his Son, Jesus Christ. ⁴We write this to make our joy complete.

⁵This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. ⁶If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. ⁷But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.

⁸If we claim to be without sin, we deceive ourselves and the truth is not in us. ⁹If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. ¹⁰If we claim we have not sinned, we make him out to be a liar and his word is not in us

Ephesians 2: 1-10

As for you, you were dead in your transgressions and sins, ²in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. ³All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. ⁴But because of his great love for us, God, who is rich in mercy, ⁵made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. ⁶And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, ⁷in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. ⁸For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— ⁹not by works, so that no one can boast. ¹⁰For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

4. What are some ways we can and do hear from God?

Hearing God Practice 2 - Stillness / Vision / Spontaneity / Journaling

- 1. Stillness: Quiet yourself so you can hear God's voice. Go to a place where it's quiet and you can be alone.
- 2. Vision: Close your eyes and look for vision as you pray or pictures in your mind. You have your logical mind and visual mind. Ask God to use your visual mind to show you things.
- 3. Spontaneity: Recognize God's voice as spontaneous thoughts that light upon your mind. There are 2 forms of words from God in the New Testament. Logos and Rhema. Logos is the Word of God. Rhema refers to the 'active and alive' area. It simply means spoken Word. Any word or spontaneous voice from God will line up with scripture.
- 4. Journaling: Write down the flow of thoughts and pictures that light upon your mind.

The keys are mentioned in Habakkuk 2:1-3

"I will stand at my watch (be still) and station myself on the ramparts; I will look (vision) to see what he will say to me, (tune to spontaneity) and what answer I am to give to this complaint. Then the LORD replied: Write down the revelation and make it plain on tablets so that a herald may run with it. (Write) For the revelation awaits an appointed time; it speaks of the and will not prove false."

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